

**PYRAMID HEALTH AND FITNESS PRESENTS**



**DROP A DRESS\***  
**(or jeans size!)**  
**IN JUST 4 WEEKS**  
**GUARANTEED**

\*Terms and conditions apply please visit website for more details.

# **BOOTYLICIOUS BOOTCAMP**

Prices from **just £67** per month

**Early morning sessions - 6:15am**

**Mid morning - 9:45am**

**Evening and weekend sessions also available**

**Sessions are run in Hazlemere and High Wycombe**



**Alice Ramcharran** is the owner of Pyramid Health and Fitness, a local company putting the FUN back in to fitness! With over 10 years experience in the fitness industry, Alice has helped many local ladies and gents get back in to shape and re-discover a passion for exercise.

**Bootylicious Bootcamp** has been launched to help you reach your weight loss goals, and to get you fitter and more trim than ever before! For further information or to book your place call Alice NOW on 07500 772146 or email [alice@pyramidfitness.co.uk](mailto:alice@pyramidfitness.co.uk)



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